Physical Education- Team Sports Syllabus

Teacher: Coach LeRoy  Room: Gym  Subject: Physical Education

Email Address: aleroy@williston.k12

Office: 803-266-8132
Main Office: 803-266-3100

**Course Description:**

This course is designed to teach kids different team sports while enhancing personal and social behaviors. The course is also designed to elicit opportunities to advance individual skill levels in different team sports. They will also be guided through a program that will improve their personal fitness level.

**Introduction:**

Welcome to Williston Elko High School Physical Education- Team Sport's class. This year I am excited to work with each of you as we work together to be more active and understand the importance of physical activity for our overall health. I received my bachelor's degree in Physical Education from the University of South Carolina- Upstate. I received my master's degree in Sports Management from the United States Sports Academy.

**Williston Elko High School Grading Scale**

<table>
<thead>
<tr>
<th>Grade</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>93-100</td>
</tr>
<tr>
<td>B</td>
<td>85-92</td>
</tr>
<tr>
<td>C</td>
<td>77-84</td>
</tr>
<tr>
<td>D</td>
<td>70-76</td>
</tr>
<tr>
<td>F</td>
<td>0-69</td>
</tr>
</tbody>
</table>

**Williston Elko Grading Rubric**

<table>
<thead>
<tr>
<th>Category</th>
<th>Weight</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cognitive (Tests, Written Assignments, Homework)</td>
<td>25%</td>
</tr>
<tr>
<td>Fitness Gram (5 component fitness tests)</td>
<td>25%</td>
</tr>
<tr>
<td>PE Skills (Skills test, performance tests)</td>
<td>20%</td>
</tr>
<tr>
<td>Participation (Participating in class and dressing out)</td>
<td>20%</td>
</tr>
<tr>
<td>Affective (Attitude, Teamwork ability)</td>
<td>10%</td>
</tr>
</tbody>
</table>
Classroom Guidelines:

Students are expected to follow all school rules, classroom rules, guidelines, and expectations.

1) No food or drinks are allowed.
2) Come prepared for class. Students are required to dress out for PE everyday. Failure to dress out will result in point reduction from your participation grade.
3) Profanity or bullying will not be tolerated!!!
4) There is to be no talking while the instructor is presenting a lesson.
5) Please be on time to class!
6) NO CELL PHONES ALLOWED!!!
7) Students are expected to follow class procedures in a timely manner to begin each class.
8) PE attire must be worn appropriately.

Failure to follow school or classroom rules will result in the correct disciplinary actions according to the Williston Elko High Discipline Policy.

Dress Out Policy:

1) STUDENTS MUST WEAR SNEAKERS EVERYDAY!!!
2) Athletic shorts and t-shirts are allowed, but must follow school policy (shorts must be the appropriate length)
3) Students are allowed to wear warm-up pants and wind suit pants as an option for the gym shorts.
4) Clothing may not have any provocative message on them.
5) Open toe shoes are not allowed!
6) Students are NOT allowed to wear leggings, jeggings, strapless shirts, spaghetti strap shirts, tank tops, tights, and any form of spandex pants.

Course Outline:

- FitnessGram
- Volleyball
- Floor Hockey
- Basketball
- Ultimate Frisbee
- Flag Football
- Badminton
- Modified Handball
- Dodgeball
- Recreational Games
Signature Page:

I ________________________________ (Parent/Guardian) have read and understand the syllabus. I have gone over the expectations and guidelines for the course with my child and we both understand the way the course will be taught.

__________________________________________ (Print Parent/Guardian name)

__________________________________________ (Parent/Guardian name signature)

__________________________________________ (Print Student’s name)

__________________________________________ (Student signature)

__________________________________________ (Parent phone number)

__________________________________________ (Parent email address)